

University of Kentucky College of Agriculture, Food and Environment Cooperative Extension Service

Family and Consumer Sciences

LYON COUNTY HOMEMAKERS

NOVEMBER/DECEMBER 2025

In this newsletter:

A Note from Angie
Page 01

Homemaker Events
Page 02

Upcoming Classes

Page 03

Quilty Pleasures and More

Page 04

And so much more.....

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Hello Homemakers,

Happy Holidays to all! As we head into the busy season of hosting family or traveling for the celebrations ahead, let me highlight a few important Homemaker tasks. First, make sure you have paid your Homemaker dues to either your club treasurer or to Stacy and Miranda for MALs by December 1st. After that date you will not be able to attend area or state events if your dues are not paid. Secondly, please read all the way to the end of the newsletter to get information about Pretend Store, and about upcoming work days for both Area Annual Day and for Quilts for Courage. We need many hands to make light work of the events we have in the next weeks and months. Please save the dates and be ready to help.

What a great year we have had in 2025. I have enjoyed teaching classes, working on service projects, and serving along side you in area and state Homemaker projects. I am looking forward to watching all the things you will accomplish in 2026.

-Angie

Happy Holidays

The Lyon County Extension Office will be closed November 27-28, 2025 for the Thanksgiving holiday. The Lyon County Extension Office will be closed December 24, 2025 through January 2, 2026. The Office will reopen at 8:00 AM on January 5, 2025.

Area Annual Day 2026

The time has come to start planning and getting ready for the Lyon County Homemakers to host Area Annual Day 2026. If you are unfamiliar with this, Homemakers from all nine counties in the Pennyrile area will convene in Eddyville for their annual meeting. I will be asking for help throughout the next year to make sure that this meeting will be a great experience for all who attend. Here are some important dates to mark on your calendar. We need help from club members and members-at-large alike.

Area Annual Day: October 29, 2026

Location: Lee S Jones Convention Center

Work Day: Lyon County is known for their unique gifts they make for each person who attends Area Annual Day. We will have several work days throughout the year to complete this project. The first work day will be December 9, 2025. We will need everyone regardless of your skill level. We can find a job for you!

Save the Date: Area Cultural Arts Judging for next year will be on March 27, 2026. Time to start sewing and crafting!

Crafting With Christy

Pecember 1, 2025 9:30 AM to 4:00 PM All Pay Class Cost: 545

Lunch and goodie bag included.

MUST PAY CLASS FEE TO BE ADDED TO THE REGISTRATION LIST. A VARIETY OF PROJECTS WILL BE AVAILABLE TO COMPLETE.

BEGINNING IN JANUARY, CRAFTING WITH CHRISTY WILL MEET ON THE 3RD MONDAY AT 1:00 PM

Leader Lesson Information

There is no leader lesson in Becember.

January - Yoga-ta Try This!

Yoga is far from a new practice but has become popular today as a mainstream form of exercise. There also are many health benefits of doing yoga beyond physical activity. This lesson introduces yoga - what it is, why you might be interested in trying it, and some poses. (Ashley Board)



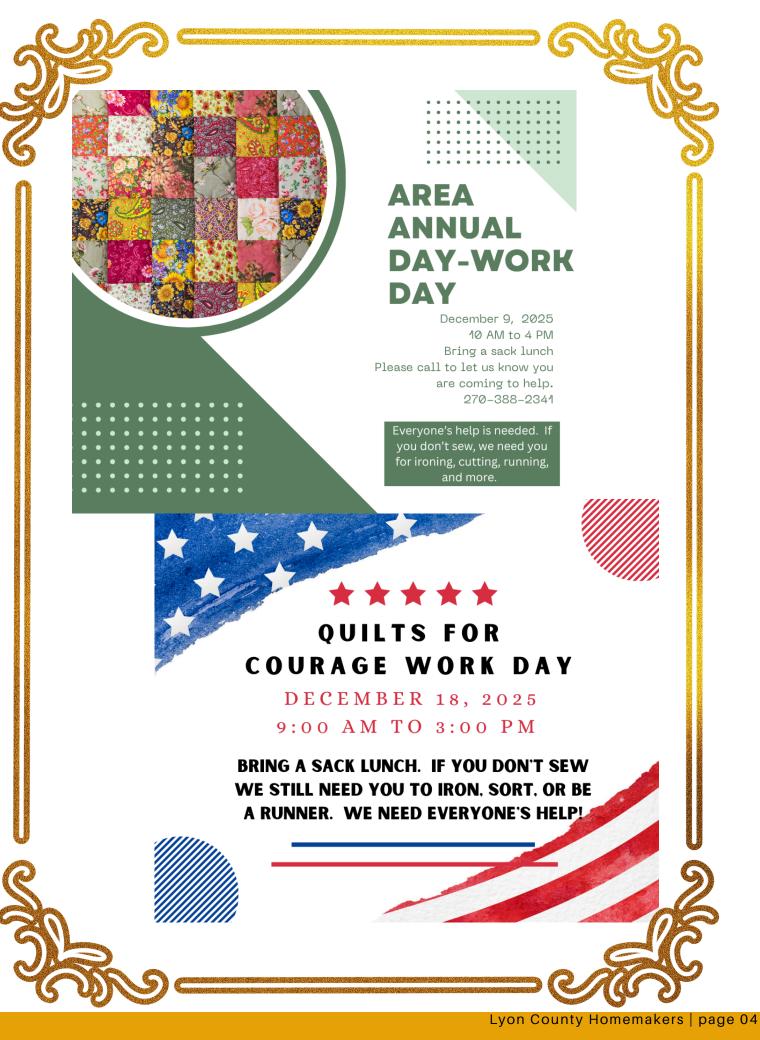
January 6. 2026 at 10:00 AM Lyon County Extension Office



Senior Citizen's Nutrition Class



JOIN ME AT THE LYON COUNTY SENIOR CITIZEN'S CENTER FOR THE MONTHLY NUTRITION LESSON ON NOVEMBER 18, 2025 AND DECEMBER SEVENTEENTH, 2025. WE PLAY GAMES, TASTE TEST RECIPES, AND GAIN VALUABLE KNOWLEDGE ALONG THE WAY. NO NEED TO SIGN-UP, JUST COME BY AT 10:30.



BASKET WEAVING CLASS

TAUGHT BY: WENDY TALLIS

we need a couple more people to meet the class minimum.

January 23, 2026 10:00 AM to 3:00 PM

Cost \$50

- -All supplies will be provided by the teacher.
- -Must have at least 8 sign-up to have the class.
- -Max number in the class is 12.
- -Must have moderate hand strength to be successful with this project.
- -This will be a beginner level class making a hard bottom basket.
- -Bring a sack lunch.
- -Wendy stays until everyone has finished their project. Please be prepared to stay the entire time and work with her to complete your basket.
- -Must pay to hold your spot in the class.





It's Time to Pay Dues



Each Fall we collect dues for your Homemaker membership. It is imperative that we receive your dues by December 1st. If your money comes in after that date, you will be not be eligible for any state or area activities such as Cultural Arts competitions or Area Annual Day.

Members-At-Large: Your dues are payable to the Lyon County Homemakers and must be paid to Miranda or Stacy at the office. The cost for the year is \$12.

Club Members: Your dues are payable to your club treasurer and amounts may vary. \$12 is due to the county and each club sets an amount beyond that for their own purposes.

Note: If you attend a club meeting each month, but you want to be labeled as a Member-at-Large, your dues must be paid to Miranda or Stacy at the office. MALs cannot pay to a club treasurer.

Pretend Store 2025

Here are the key things you need to know, but mostly be prepared to come and be blessed by the preschoolers. We have so much fun serving them.

- -There are five preschool classes at Lyon County Elementary school who will have the opportunity to come to the Lyon County Extension Office on December 3, 2025 to "shop" for gifts for the family members who live in the house with them.
- -The teachers in each class give me the names and information of each family member ahead of time so we are prepared when the children come through to shop.
- -The first volunteer opportunity will be on December 2, 2025 starting at 1:00 PM. I will need many of you to come to the office to help set up tables and sort through the donated items and set up the "store" for our little shoppers. We will also set up the wrapping room where students will bring the items they picked for our elves to wrap.
- -The second volunteer opportunity will be on December 3, 2025 starting at 8:00 AM. Students will arrive by bus and we need all hands on deck to help with shopping, wrapping, and entertaining the children while they wait their turn to shop.
- -There will be a group of 45-50 students who will come and shop in the morning and then a second group of 35-40 students who will come in the afternoon to shop, just after 1:00. Then after the students leave, we will need volunteers to box up what's left and clean up the Extension Office.

What to be working on now:

-Pick up items to donate to the Pretend Store. These items can be gently used, but please make sure they are clean and not broken.

Here is a list of items that work great as Pretend Store gifts:

- -Gloves, socks, flashlights (please provide the batteries), screwdriver sets, coffee mugs, and hats are all great items for the men and boys. Please remember no knives or toy guns
- -Scarves, gloves, purses, bags, mugs, candles, etc are all great ideas for the moms.
- -We will need toys, games, gloves, socks, fun school supplies, for all ages-infants through high school. Please be looking for a variety of all these items.
- -Additionally, we need Christmas gift bags, tape dispenser tape, ribbon, bows, etc for wrapping the items. We can use a few boxes. PLEASE, NO WRAPPING PAPER. We try to do gift bags for ease of wrapping as often as we can.

Pretend Store donations can be dropped off at the Extension Office between 11:00 AM and 1:00 PM on Tuesday, December 2, 2025. If you prefer to make a monetary donation to support the program, please drop those off with Miranda or Stacy at the office.

We will take the donations and purchase items to fill any holes on the tables as needed.

The volunteer sign-up sheet is at the office, please call to let us know when you plan to help. It is perfectly ok to help both days. We need all the help we can get! Call 270-388-2341.